



The Beaded Lady Workshop
Painting & Prayer
to Our Lady of Guadalupe
December 17 & 18



Join Visionary Artists
Shiloh Sophia McCloud
&
Elizabeth Gibbons
for a weekend of sacred
painting and embellishment
at the Palace of the Soul
in San Francisco.



Experience Painting as a Sacred Practice

- ★ **BEGIN** a sacred practice based in creative exploration: Painting is a sacred practice that is a perfect companion to any spiritual practice, connect with what this medium can add to your life.
- ★ **OPEN** to a weekend in the company of powerful creative women. Painting in the company of other women artists is both sacred, healing and powerful.
- ★ **EXPERIENCE** Intention-Based Creativity through painting. What is it you are working on in your life? What needs attention and healing? Bring it to the canvas.
- ★ **PAINT** Your Vision of What it looks and feels like to live more fully in your Awakened Heart, and to paint Our Lady of Guadalupe for yourself. Leave the weekend with a painting to hang on your own wall!
- ★ **EXPLORE** the healing power of painting and honoring your inner artist. Every single one of us is creative and this workshop will empower you to activate your inner artist.
- ★ **AWAKEN** Your Heart more fully to the love and beauty that a creative practice can nurture in your life.

No painting experience, or understanding of embellishment techniques are needed! We will take you step by step. Materials of \$150 are included in your workshop fee. We will be using acrylic paint on canvas. All embellishment techniques are fun and easy to learn. Cost: \$550 includes materials and lunch.

Save your place with \$50 deposit!
Register at www.cosmiccowgirlsuniversity.com
contact: pangels@pacbell.net